

RHEUMATOID ARTHRITIS

EDUCATIONAL CHALLENGE

Agenda

8:30 – 9:00 AM

Breakfast

9:00 – 9:15 AM

Welcome and Introduction

9:15 – 9:30 AM

Workshop 1

9:30 – 9:45 AM

RA Overview

9:45 – 10:00 AM

Break

10:00 – 10:30 AM

Current Management of RA

10:30 – 11:00 AM

Case Study 1 and Discussion

11:00 – 11:30 AM

Case Study 2 and Discussion

11:30 – 11:45 AM

Case Study 3 and Discussion

11:45 – 12:00 PM

Case Study 4 and Discussion

12:00 – 12:45 PM

Lunch

12:45 – 1:00 PM

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Overview

The continuum care for rheumatic patients demands that rheumatologists collaborate with other health care professionals to provide ongoing treatment. There is a need to educate these various health care professionals on the benefits of effective patient communication to improve adherence, compliance, and quality of life for their patients with RA. Recognizing the risk/benefit of biologic therapy in the management of RA patients and understanding how the appropriate utilization biologic therapy impacts patient care and outcomes is paramount. In addition, physician education must target changing patients' health-related behaviors in ways that improve health, coping, and compliance with treatment.

This continuing education initiative seeks to advance the management of RA and related disorders through a workshop-based learning activity designed to improve collaboration among healthcare professionals.

Learning Objectives

Upon the conclusion of this activity, the participant should be able to:

- IDENTIFY the benefits of an aggressive treatment-to-target strategy in the early management of rheumatoid arthritis (RA).
- APPLY appropriate integrated referral and care pathways for multidiscipline management of patients with RA and comorbid conditions, including atypical cases.
- UTILIZE the risk/benefit profiles and appropriate administration of biologic/tumor necrosis factor (TNF)- α antagonist therapies in the management of patients with RA.
- DEMONSTRATE appropriate patient-physician communication skills for discussing the rationale, benefits, and risks of biologic/TNF- α antagonist therapies in RA.

The University of Kentucky College of Medicine takes responsibility for the content, quality, and scientific integrity of this CME activity.

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Participating Faculty

Marc D. Cohen, MD (Course Director)

Professor of Medicine

Chief of Rheumatology

National Jewish Medical and Research Center

Denver, Colorado

Philip J. Mease, MD (Course Director)

Seattle Rheumatology Associates

Chief of Rheumatology Research

Swedish Medical Center

Clinical Professor of Medicine

University of Washington

Seattle, Washington

Allan Gibofsky, MD, JD, FACP, FCLM

Professor of Medicine and Public Health

Weill Medical College of Cornell University

Attending Physician

The Hospital for Special Surgery

Adjunct Professor of Law

Fordham University School of Law

New York, New York

Joseph A. Markenson, MD

Professor of Clinical Medicine

Weill Medical College of Cornell University

The Hospital for Special Surgery

New York, New York

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Faculty Biographies

MARC D. COHEN, MD, is Professor of Medicine and Chairman of the Division of Rheumatology at National Jewish Health. He attended medical school at George Washington University Medical Center in Washington, DC, and completed an internship in internal medicine at Cedars-Sinai Medical Center in Los Angeles, California, a residency in internal medicine at the University of California, Los Angeles, and a fellowship in rheumatology at the Mayo Clinic in Rochester, Minnesota.

Dr. Cohen is a Fellow of the Arthritis and Rheumatism Association and a Fellow of the American College of Physicians. Dr. Cohen was awarded the “Teacher of the Year” award 11 consecutive years, in addition to the “Distinguished Educator” award, and was also the first member of the “Teacher of the Year Hall of Fame” at the Mayo Clinic in Jacksonville where he had worked for 22 years. He has presented at meetings and symposia around the world and authored over 60 articles in journals, such as *Arthritis and Rheumatism*. He is currently an Advisory Editor for *Arthritis and Rheumatism* and an Ad Hoc Reviewer for many other medical journals. He has also authored numerous book chapters on rheumatology and other medical education tapes.

As Chairman of the Division of Rheumatology, Dr. Cohen hopes to institute new programs to promote clinical research in rheumatology at National Jewish Health. His particular interests are rheumatoid arthritis and systemic vasculitis. Dr. Cohen is committed to supporting investigations which achieve the highest level of quality in research and education.

PHILIP J. MEASE, MD, is a Clinical Rheumatologist with Seattle Rheumatology Associates, Clinical Professor at the University of Washington School of Medicine, and Chief of Rheumatology Clinical Research at the Swedish Hospital Medical Center in Seattle. His primary research interests include pharmacotherapy of rheumatologic diseases and the methodology of disease assessment. He conducts clinical trials in emerging therapies for a number of conditions, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, fibromyalgia, systemic lupus erythematosus, osteoarthritis, and osteoporosis.

Dr. Mease has published more than 100 articles in rheumatology and dermatology journals as well as numerous textbook chapters, and is on the review boards of *Arthritis and Rheumatism*, *The Journal of Rheumatology*, *The Annals of Rheumatic Diseases*, and *Seminars in Arthritis and Rheumatism*. Dr. Mease is on the medical advisory boards of several pharmaceutical and biotechnology companies, the Lupus Foundation, the Psoriasis Foundation, and the Northwest Arthritis and Osteoporosis Institute. He is a founding member of GRAPPA (Group for Research and Assessment of Psoriasis and Psoriatic Arthritis), an international consortium of rheumatology and dermatology investigators, representatives of patient service leagues, the biopharmaceutical industry, and regulatory agencies. He is also Chair/Co-Chair of 3 working groups of OMERACT (Outcome Measures in Rheumatology Clinical Trials): psoriatic arthritis, fibromyalgia, and single-joint assessment.

Dr. Mease received his bachelor of arts and doctor of medicine degrees from Stanford University in California. He completed his residency in internal medicine at the University of Washington School of Medicine, where he served as Chief Resident and Fellow in Rheumatology.

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Faculty Biographies

ALLAN GIBOFSKY, MD, JD, FACP, FCLM, is Professor of Medicine and Public Health at Weill Medical College of Cornell University, Professor of Law at Fordham University, and Adjunct Faculty at the Rockefeller University. He is an Attending Physician and Rheumatologist at The Hospital for Special Surgery and The New York Presbyterian Hospital.

Dr. Gibofsky received his undergraduate degree from Brooklyn College of the City University of New York, his doctor of medicine from Weill Medical College of Cornell University, and his law degree from Fordham University. He did his internship in pathology, followed by a residency in medicine at New York Hospital. He completed a fellowship in rheumatology/immunology jointly at The Hospital for Special Surgery under Dr. Charles L. Christian and at The Rockefeller University, where he worked in the laboratory of Dr. Henry G. Kunkel. Dr. Gibofsky has authored or coauthored numerous papers and text chapters, primarily on the immunogenetics of rheumatic diseases and legal aspects of medical practice. He is known for his work on mechanisms of host-microbe interactions in rheumatology and, in particular, for his basic and clinical studies on rheumatic fever.

Currently Secretary-Treasurer of The New York Rheumatism Association, Dr. Gibofsky is Past Chair of the Medical and Scientific Committee of the New York Chapter of The Arthritis Foundation and received their Physicians' Leadership Award. He also served as a Member of the local and national Arthritis Foundation Board of Trustees and was Chair for Professional Education. Dr. Gibofsky has participated in numerous professional and public education programs, nationally and internationally. He is a Past President of the American College of Legal Medicine, and is Past Chair of the American Board of Legal Medicine. In 2002, Dr. Gibofsky served as President of The American College of Rheumatology.

Dr. Gibofsky's civic activities include membership on the Brooklyn College Foundation Board of Trustees. He is a Jonas Salk Scholar of the City University and in 1997, he was named Alumnus of the Year by Brooklyn College. He serves the New York Chapter of American College of Physicians as a Member of the Health and Public Policy Committee, the Publications Committee, and the Nominating Committee.

JOSEPH A. MARKENSON, MD, is Professor of Clinical Medicine at the Weill Medical College of Cornell University. He is also Attending Physician at The Hospital for Special Surgery and The New York Hospital in New York and a Consultant for the Department of Medicine/Rheumatology at Memorial Sloan-Kettering Cancer Center in New York.

Dr. Markenson received his medical degree from the State University of New York, Downstate Medical Center in Brooklyn and completed his internship at Kings County at the same institution. He was a Medical Officer for the National Institutes of Health, Division of Biologics Laboratory of Viral Immunology in Bethesda, Maryland. He completed his residency at Cornell University Medical Center at The New York Hospital. He also completed a fellowship in rheumatology at The Hospital for Special Surgery in New York.

Dr. Markenson has had articles published in several scientific journals, and his areas of research interest include immunology, microbiology, occupational medicine, and lupus.

Continuing Medical Education Information

GOAL — Rheumatoid Arthritis Educational Challenge (RAEC) is a multi-interventional integrated series of CME-accredited educational activities developed to overcome specialists' barriers to maximizing patient outcomes.

INTENDED AUDIENCE — This activity is designed for rheumatologists, primary care physicians, nurse practitioners, and physician assistants. No prerequisites required.

ACCREDITATION STATEMENT — This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Kentucky College of Medicine and Gullapalli & Associates, LLC. The University of Kentucky College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

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FORMAT — This educational activity is a live meeting consisting of approximately 4 hours of case studies, case discussions, and workshops. This activity is designed to engage the audience and encourage dialogue with the presenters. Thus, audience participation is critical to enhancing the open exchange of opinions and ideas that facilitate the flow of knowledge.

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Philip J. Mease, MD, reports receiving grants/research support from and serving on the speakers' bureau for Abbott Laboratories, Amgen Inc, Biogen Idec, Bristol-Myers Squibb Company, Centocor, Inc, Genentech, Inc, and Wyeth Pharmaceuticals; and serving as a consultant for Abbott Laboratories, Amgen Inc, Biogen Idec, Bristol-Myers Squibb Company, Centocor, Inc, Genentech, Inc, Roche Pharmaceuticals, Wyeth Pharmaceuticals, and UCB, Inc.

Allan Gibofsky, MD, JD, FACP, FCLM, reports serving as a consultant for Abbott Laboratories, Bristol-Myers Squibb Company, and Pfizer Inc; serving on the speakers bureau for Abbott Laboratories, Amgen Inc, Bristol-Myers Squibb Company, Pfizer Inc, and Wyeth Pharmaceuticals; and holding stock in Abbott Laboratories, Amgen Inc, Johnson & Johnson, and Pfizer Inc.

Joseph A. Markenson, MD, reports receiving grants/research support from Abbott Laboratories, Amgen Inc, and Bristol-Myers Squibb Company; serving as a consultant for Abbott Laboratories, Vertex, and UCB, Inc.; and serving on the speakers' bureau for Abbott Laboratories, Amgen Inc, Bristol-Myers Squibb Company, and Wyeth Pharmaceuticals.

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