

**10th Annual University of Kentucky
Sports Medicine Symposium
Thoroughbred Center
Lexington, KY
May 16-17, 2008**

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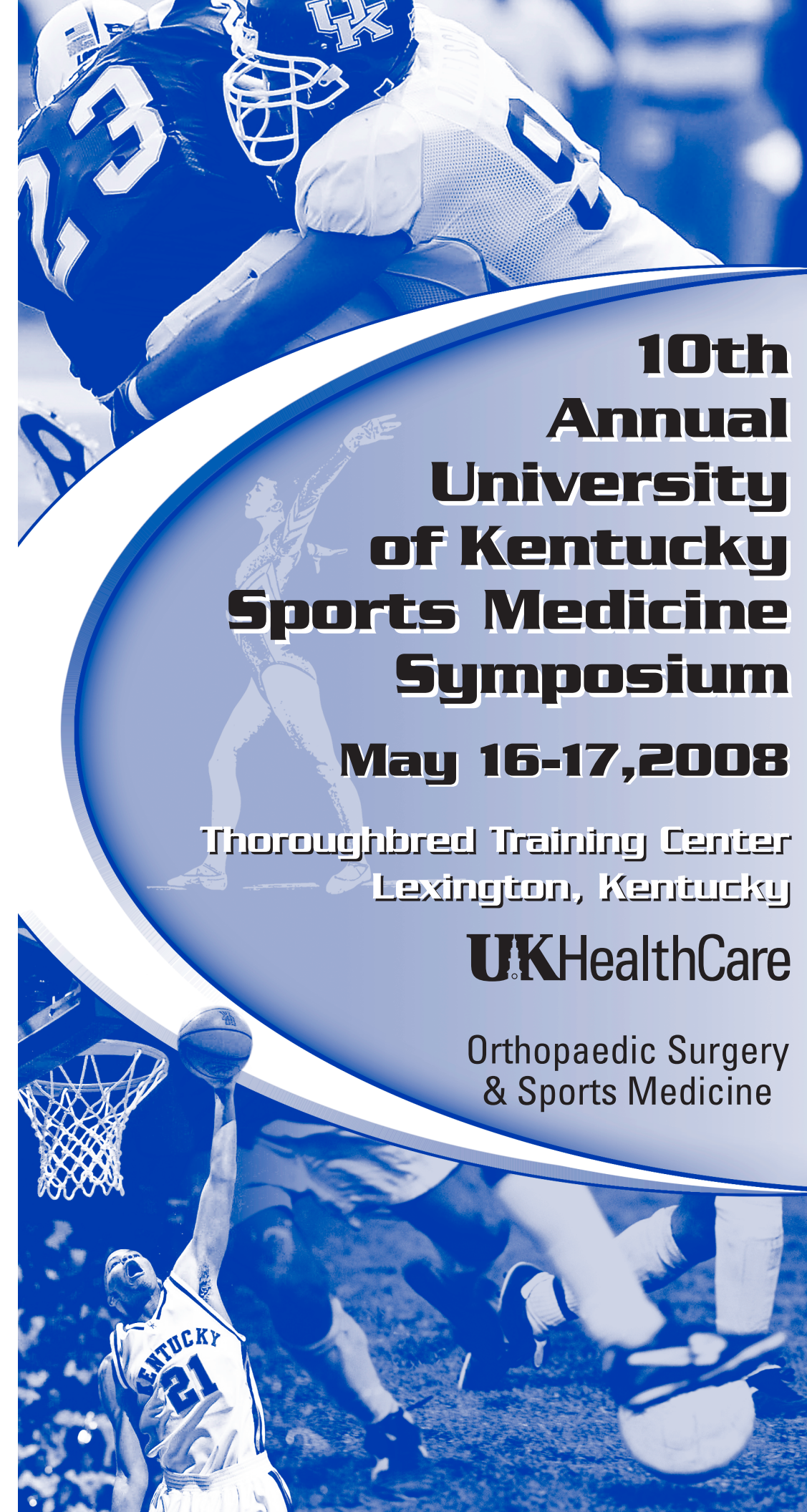
- **Mail** completed registration form and check or credit card number to:
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One Quality St., Ste. 613
Lexington, KY 40507-1428
- **Fax** the registration to (859) 323-2920
- **Phone** the CE office at (859) 257-5320 ext. 80337
- **Online** at <http://ukyce.cecentral.com/event/990> (with credit card only)

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Department of Orthopaedic Surgery and
Sports Medicine
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Please forward information to
all interested person(s) in
your office.



**10th
Annual
University
of Kentucky
Sports Medicine
Symposium**

May 16-17, 2008

**Thoroughbred Training Center
Lexington, Kentucky**

UKHealthCare

**Orthopaedic Surgery
& Sports Medicine**

Registration Information

REGISTRATION FEE

The registration fee includes all lectures, educational materials, continental breakfasts, refreshment breaks and a certificate of attendance. Please call (859) 257-5320 ext. 80337 if you wish to verify we have received your registration by mail or fax. All online registrations will automatically receive a confirmation via email.

Physician:	\$225 advance registration	\$250 on-site registration
Non-physician:	\$125 advance registration	\$150 on-site registration
Student:	\$ 65 registration	

REFUND & CANCELLATION POLICY

A refund (less a \$25 processing fee) will be made if notice of withdrawal is received by May 2, 2008. We reserve the right to cancel or substitute topics and/or speakers.

Accommodations

All educational activities will be conducted at the Thoroughbred Training Center; 3380 Paris Pike, Lexington, KY 40511; (859) 293-1853.

For a list of hotels in the area please go to <http://ukyce.cecentral.com/event/990> and click on the files button located on the right under the map.

Accreditation

CREDIT

- The University of Kentucky College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor Continuing Medical Education for physicians.

The University of Kentucky College of Medicine designates this educational activity for a maximum of (7.75) AMA PRA Category 1 Credits™ on Friday, May 16, 2008, and (3.5) AMA PRA Category 1 Credits™ on Saturday, May 17, 2008, for a total of (11.25) AMA PRA Category 1 Credits™. Each physician should claim only those credits actually spent in the educational activity.

The University of Kentucky College of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

- NATA (National Athletic Trainers Association) credit has been approved for 11.25 contact hours. Provider #: P2382

- Kentucky Physical Therapy Association: In process of applying for continuing competency approval.

Agenda

Friday, May 16, 2008

7:45	Welcome & Overview	Scott Mair, MD
8:00	Common Foot Injuries in the Athlete	Robert Anderson, MD
8:45	Q/A	
9:00	Intervention Strategies for the Prevention of Ankle Sprains	Patrick McKeon, PhD, ATC
9:30	Management of the High Ankle Sprain	Robert Anderson, MD
10:00	BREAK	
10:30	Chronic Knee Pain & Swelling - Differential Diagnosis	Mary Lloyd Ireland, MD
11:00	Patellar Dislocations - What NOT to Miss	Darren Johnson, MD
11:30	Unique Case Presentation - MPFL Injury	ATC
11:45	Rehabilitation Following a Patellar Dislocation	Ryan McGuire, PT
12:15	LUNCH	
1:00	Shoulder Dislocations - What to Do When	Scott Mair, MD
1:30	Cervical Spine Injuries in Sports	Carter Cassidy, MD
2:00	Clavicle Injuries - End to End	Bart Branam, MD
2:30	Unique Case Presentation - SC Dislocation	ATC
2:45	BREAK	
3:15	Workshop Breakouts	3:15, 3:50, 4:25
	1. Balance Training Strategies for the Prevention of Initial and Recurrent Ankle Sprains	Patrick McKeon, PhD, ATC
	2. Manual Therapy for Low Back Pain	Krystan Coyle, PT
	3. Massage Techniques for Muscle Recovery	Amy Waugh, ATC
5:00	ADJOURN	

Saturday, May 17, 2008

8:00	Management of Nasal Injuries in Athletics	Sanford Archer, MD
8:30	Management & Treatment of Eye Injuries	John Conklin, MD
9:00	Caring for the Athlete with Hypertension	Brennan Royalty, MD
9:30	Depression in Athletes - Recognition & Management	Sean Buckley, MD
10:00	BREAK	
10:30	Sports Enhancing Drugs - What Do They Do?	Mitzi Fernandez, MD
11:00	Anti-Inflammatory Medication in Athletics	James Jagger, MD
11:30	Injections in Sports - Why, How, When, Where	David Junkin, MD
12:00	ADJOURN	

Objectives

Upon completion of this symposium, the participant will be able to:

- Recognize the common foot injuries in athletics
- Understand intervention strategies to help prevent ankle sprains.
- Describe the management of a high ankle sprain.
- Learn what to evaluate and look for after a patellar dislocation.
- Describe the rehabilitation protocol following a patellar dislocation.
- Understand the treatment protocol following a shoulder dislocation.
- Describe the common clavicle injuries in sports.
- Demonstrate various massage techniques for muscle recovery.
- Recognize the signs of depression in athletes following an injury.
- Learn what the common anti-inflammatory medications are in Sports Medicine

Target Audience

Physicians (family practice, pediatricians, and surgeons) involved in the care of athletic teams, physical therapists, athletic trainers, biomechanists, exercise physiologists, nurses, physicians assistants and others interested in sports medicine.

Faculty

UK FACULTY

Scott Mair, MD - Activity Co-Director	Mitzi Fernandez, MD
Robert Hosey, MD - Activity Co-Director	James Jagger, MD
Sanford Archer, MD	Darren Johnson, MD
Bart Branam, MD	David Junkin, MD
Sean Buckley, MD	Ryan McGuire, PT
Carter Cassidy, MD	Patrick McKeon, PhD, ATC
John Conklin, MD	Brennan Royalty, MD
Krystan Coyle, PT	Amy Waugh, ATC

GUEST FACULTY

Robert Anderson, MD - Keynote Speaker
Mary Lloyd Ireland, MD

Disclosure Policy

All faculty members participating in continuing education programs sponsored by the University of Kentucky Colleges of Pharmacy and Medicine Continuing Education are expected to disclose any real or perceived conflict of interest related to the content of their presentations. Copies of faculty disclosures will be included in your program materials.

Special Services

If you require any special physical arrangements to attend this activity, please call us at (859) 323-5533 x 250, and we will work to assist you.