

**Annual University of Kentucky Sports Medicine  
Symposium & Sports Concussion Summit  
Clarion Hotel Lexington  
Lexington, KY  
June 8-9, 2012**

Name \_\_\_\_\_  
 •MD    •PA-C    •ATC    •PT    •PTA    •Student    •Other  
 Company \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Telephone # \_\_\_\_\_ Fax # \_\_\_\_\_  
 Email \_\_\_\_\_  
 NATABOC # \_\_\_\_\_

**Amount paid:**

**Both Days**

- |  |  |
|--|--|
| <input type="checkbox"/> \$350 Physician (advance)     | <input type="checkbox"/> \$375 Physician (on-site)     |
| <input type="checkbox"/> \$200 Non-physician (advance) | <input type="checkbox"/> \$250 Non-physician (on-site) |
| <input type="checkbox"/> \$125 Student                 | <input type="checkbox"/> \$125 Student (on-site)       |

**One Day: CHOOSE**

- |  |  |                                   |
|--|--|-----------------------------------|
| <input type="checkbox"/> \$200 Physician (advance)     | <input type="checkbox"/> Friday                        | <input type="checkbox"/> Saturday |
| <input type="checkbox"/> \$125 Non-physician (advance) | <input type="checkbox"/> \$225 Physician (on-site)     |                                   |
| <input type="checkbox"/> \$75 Student                  | <input type="checkbox"/> \$150 Non-physician (on-site) |                                   |
| Saturday Only  | <input type="checkbox"/> \$100 Student (on-site)       |                                   |
|  | <input type="checkbox"/> \$25 Parents/Coaches/Athletes |                                   |

**Payment is by:**

- Check (payable to University of Kentucky)  
 Purchase Order/Voucher  
 MasterCard/Visa/AMEX/Discover

Account # \_\_\_\_\_  
 Expiration Date \_\_\_\_\_  
 Name on Card \_\_\_\_\_

**To register:**

- **Mail** completed registration form and check or credit card number to:  
 UK HealthCare CECentral  
 ATTN: Candy Back  
 138 Leader Ave, Ste 9E  
 Lexington, KY 40506-9983
- **Fax** the registration to (859) 323-2920
- **Phone** the CE office at (859) 257-5320
- **Online** at <http://www.cecentral.com/live/3654> (with credit card only)

Non-Profit Org.  
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 Lexington, KY

**UK** UNIVERSITY OF KENTUCKY

Department of Orthopaedic Surgery and  
 Sports Medicine  
 601 Perimeter Dr., Suite 200  
 Lexington, KY 40517

Please forward information to  
 all interested person(s) in  
 your office.



**Annual  
University  
of Kentucky  
Sports Medicine  
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Concussion Summit**

**June 8 & 9, 2012  
Clarion Hotel  
Lexington, Kentucky**

**UK HealthCare  
CECENTRAL**

**Orthopaedic Surgery  
& Sports Medicine**



## Registration Information

### REGISTRATION FEE

The registration fee includes all lectures, educational materials, continental breakfasts, refreshment breaks and a certificate of attendance. Please call (859) 257-5320 if you wish to verify we have received your registration by mail or fax. All online registrations will automatically receive a confirmation via email.

### BOTH DAYS

Physician	\$350 Advance Registration	\$375 Onsite Registration
Non Physician	\$200 Advance Registration	\$225 Onsite Registration
Student	\$125 Advance Registration	\$150 Onsite Registration

### ONE DAY

Physician	\$200 Advance Registration	\$225 Onsite Registration
Non Physician	\$125 Advance Registration	\$150 Onsite Registration
Student	\$75 Advance Registration	\$100 Onsite Registration
Saturday ONLY- Coaches/Parents/Athletes		\$25

### REFUND & CANCELLATION POLICY

A refund (less a \$25 processing fee) will be made if notice of withdrawal is received by May 25, 2012. We reserve the right to cancel or substitute topics and/or speakers.

## Accommodations

All educational activities will be conducted at the Clarion Hotel Lexington: 1950 Newtown Pike, Lexington, KY 40511; 859-233-0512.

The Clarion Hotel Lexington has reserved a block of rooms until May 16, 2012, at the special daily rate of \$96.00 single occupancy plus tax. To make reservations, call the Clarion Hotel Lexington at (859) 233-0512 and tell them you will be attending the Sports Medicine Symposium. To make reservations electronically at the discounted rate: [www.clarionhotellx.com](http://www.clarionhotellx.com) with the booking code "sportsmed".

## Accreditation

- This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Kentucky College of Medicine and UK College of Health Science. The University of Kentucky College of Medicine is accredited by the ACCME to provide continuing education for physicians.
- The University of Kentucky College of Medicine designates this educational activity for a maximum of 14.50 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.
- The University of Kentucky College of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.
- The University of Kentucky is recognized by the Board of Certification, Inc to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 14.50 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC Approved Provider Number: P2382
- Kentucky Physical Therapy Association has approved 14.50 contact hours/CEU's. Approval Number: 3-IPKPTA-10.

## Agenda

### Friday, June 8, 2012

#### ANNUAL UK SPORTS MEDICINE SYMPOSIUM

7:00	Registration and Continental Breakfast	
7:45	Welcome	Scott Mair, MD Robert Burks, MD
8:00	Decision Making in Shoulder Instability	
8:45	Q/A	
9:00	AC Shoulder Injuries in Athletes	Scott Mair, MD
9:30	Management of Spinal Cord Concussions	Ryan Cassidy, MD
10:00	Return to Play Shoulder Panel Discussion	
10:30	<b>BREAK</b>	
11:00	Unique Case Studies with Panel Discussion	
12:00	<b>LUNCH PROVIDED</b>	
1:00	Treating Knee Injuries in the Young Athlete	Darren Johnson, MD
1:30	Injuries to the Skeletally Immature Throwing Athlete	Mary Lloyd Ireland, MD
2:00	Understanding & Diagnosing Pubalgia in Athletes	Kate Tolhurst, MD
2:30	What is Complex Regional Pain Syndrome	Tyler Staley, MD
3:00	<b>BREAK</b>	
	Rotating Workshops 3:30/4:00/4:30	
	1. Gait Evaluation	Kelly Eversole, PT
	2. Depression in Athletes- Recognition & Management	Mark Simpson, PhD
	3. Advancements in Ankle Instability Rehabilitation: Finding Balance in the Sensorimotor System	Patrick McKeon, PhD, ATC
5:00	Evaluation and Adjourn	

### Saturday, June 9, 2012

#### ANNUAL SPORTS CONCUSSION SUMMIT

7:00	Registration and Continental Breakfast	
7:45	Welcome	Mike Sowell, MD
8:00	Controversies in Concussion Diagnosis & Management	Tad Seifert, MD
9:00	The Epidemiology & Scope of Sport-Related Concussions	Jennifer McKeon, PhD, ATC Scott Livingston, PhD, PT, ATC Erika Erlandson, MD
9:30	Equestrian Related Concussions	
10:00	<b>BREAK</b>	
10:15	Protective Equipment- Related Issues & Proper Coaching Techniques to Prevent Concussions	Greg Wheeler, MD
10:45	The Medical Management of Concussions in Athletics	Scott Black, MD Robert Hosey, MD
11:45	<b>LUNCH PROVIDED</b>	
1:00	Ethics & Legislative Considerations	
	1. Concussion Legislation in Kentucky	Representative Joni Jenkins
	2. Concussion & the Athletic Trainer's View	Matt Lewis, ATC
	3. Liability & the Sports Medicine Clinician	Greg Rose, ATC
2:00	Ethics & Legislative Panel Q/A	
3:00	<b>BREAK</b>	
	Break Out Sessions	
3:15	Track A: Implementing IMPACT Testing at the High/Middle School	Andrea Cripps, ATC
	Track B: The Media's Perspective & Concussions	Walker Terhune, ATC
4:00	Track A: Implementing Current Practice Guidelines for Concussion Management at Your School/Youth Program	Scott Livingston, PhD, PT, ATC Matthew Sabin, PhD, ATC
	Track B: Post Concussion Headaches	Brian Plato, DO
4:45	Neuropsychological Assessment & Management of Concussion in Sports	Dan Han, PsyD
5:15	Evaluation and Adjourn	

AN EQUAL OPPORTUNITY UNIVERSITY

## Objectives

Upon completion of this symposium, the participant will be able to:

- Define sport-related concussion and discuss its causes, risk factors and symptoms.
- Describe the complexities involved with the identification and management of sports concussions in a game/practice and clinical environment.
- Discuss critical factors for consideration in safe return to play protocols following concussion.
- Explain the role of neuropsychological testing in the evaluation and management of the concussed athlete.
- Define and understand decision making factors for shoulder instability, acromioclavicular injuries and spinal cord concussions.
- Recognize the assessment and treatment differences with skeletally immature athletes as it relates to knee and throwing injuries.
- Define and understand treatment options for Pubalgia and Complex Regional Pain Syndrome.
- Recognize and manage depression in athletes.
- Evaluate gait and implement proper training to obtain correct gait patterns.

## Target Audience

Physicians (family practice, pediatricians, and surgeons) involved in the care of athletic teams, physical therapists, athletic trainers, biomechanists, exercise physiologists, nurses, physicians assistants and others interested in sports medicine/concussions.

## Faculty

### UNIVERSITY OF KENTUCKY FACULTY

Scott Mair, MD - Activity Director	Tyler Staley, MD
Scott Black, MD	Erika Erlandson, MD
Mary Lloyd Ireland, MD	Walker Terhune, ATC
Ryan Cassidy, MD	Kelly Eversole, PT
Darren Johnson, MD	Kate Tolhurst, MD
Andrea Cripps, ATC	Dan Han, PsyD
Jennifer McKeon, PhD, ATC	Greg Wheeler, MD
Aaron Coats, MD	Robert Hosey, MD
Patrick McKeon, PhD, ATC	Brian Wilson, MD
Thomas Durbin, MD	Scott Livingston, PhD, PT, ATC

### GUEST FACULTY

Robert Burks, MD	Keynote	University of Utah
Joni Jenkins		KY House of Representatives District 44
Matt Lewis, ATC		Asbury College
Brian Plato, DO		Norton Neuroscience Institute
Greg Rose, ATC		KATS Governmental Affairs
Matthew Sabin, PhD, ATC		Eastern Kentucky University
Tad Seifert, MD	Keynote	Norton Neuroscience Institute
Mark Simpson, PhD		Kentucky Sport Psychology
Mike Sowell, MD		University of Louisville

## Disclosure Policy

All planners, speakers, authors, reviewers and staff members involved with content development for continuing education activities sponsored by the University of Kentucky College of Medicine are expected to disclose any real or perceived conflict of interest related to the content of the activity. Detailed disclosures will be included in participant materials or given prior to the start of the activity.

## Special Services

If you require any special physical arrangements to attend this activity, please call us at (859) 218-3038, and we will work to assist you.

