Clark Kebodeaux, Pharm.D.

42nd Annual Family Medicine Review Lexington, Kentucky November 1st, 2010

Keeping Up: Review of New Drugs

Acknowledgement

- Thank you to Dr. Trish Freeman, RPh, PhD for the original creation and presentation of 'Keeping Up: Review of New Drugs.'
- With her permission, I am able to present the information to you today with all necessary updates.

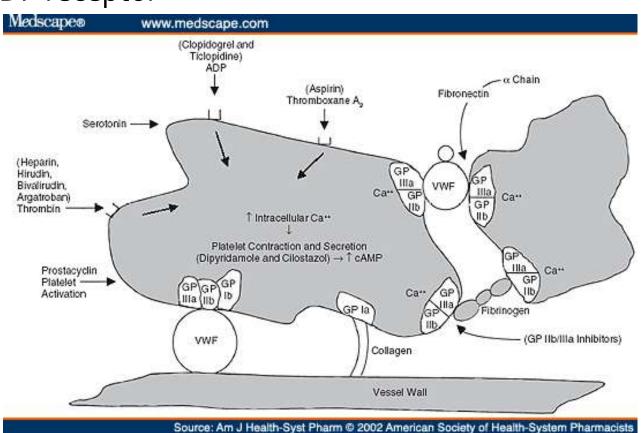
Learning Objectives

At the conclusion of this program, the participant should be able to:

- Identify new molecular and biological entities, with the exception of diagnostic compounds, that entered the U.S. drug market from late 2009 through 2010
- Describe each agent's mechanism of action, dosage, adverse reactions, contraindications, and drug interaction profile
- Compare new medicines with other agents used for the same indications
- List special patient instruction and monitoring parameters for each of these agents

- Thienopyridine antiplatelet agent
- Prodrug similar to clopidogrel that requires metabolic conversion to active entity
 - Multiple CYP enzymes involved including 3A4, 2B6, 2C9 and 2C19
- Indications:
 - Reduce rate of thrombotic events in ACS who are to be managed with PCI including
 - UA or NSTEMI
 - STEMI managed with primary or delayed PCI
- Clinical efficacy superior to clopidogrel in trials, but higher incidence of fatal bleeding occurred with prasurgel

- Mechanism of Action:
 - Inhibits platelet activation and aggregation mediated by the P2Y12 ADP receptor



- Contraindications:
 - Active bleeding
 - Prior TIA or stroke

- Warnings/precautions:
 - Significant, sometimes fatal hemorrhage
 - Patients 75 years of age and older
 - CABG
 - Discontinue 7 days prior to elective surgery
 - Body weight <60 kg
 - Propensity to bleed
 - Concomitant use of anticoagulants or NSAIDs

Usual Dose:

- 60 mg load followed by 10 mg daily with 75 to 325 mg daily of ASA
- May decrease dose to 5 mg daily in patients under 60 kg
- May be administered without regards to food

- Adverse effects:
 - Bleeding/hemorrhage
 - TTP
 - Nausea
 - Headache
 - Dyspnea
 - Fatigue

- Drug Interactions:
 - Warfarin
 - NSAIDs
 - CYP inhibitors/inducers not clinically significant

Sumatriptan (Sumavel DosePro) Zogenix, Inc.

- New dosage form of sumatriptan
- 5-HT receptor antagonist indicated for:
 - acute treatment of migraine attacks, with or without aura
 - acute treatment of cluster headaches
 - Not intended for prophylactic treatment of migraines

Sumatriptan (Sumavel DosePro) Zogenix, Inc.

- Contraindications:
 - IV administration
 - IHD, CV dx
 - History of stroke or TIA
 - PVD
 - Hypertension
 - Ergot/triptan use

- Warnings:
 - Serious cardiac events, including MI
 - Cerebrovascular events, some fatal
 - Gl ischemic events
 - Raynaud's syndrome
 - Serotonin syndrome
 - Hypertension
 - seizures

Sumatriptan (Sumavel DosePro) Zogenix, Inc.

- Usual dose:
 - 6 mg subQ to the abdomen or thigh
 - Do not administer in the arm or other body areas
 - 12 mg total in 24 hour period
- Adverse effects:
 - Injection site reactions
 - Warm/hot sensations
 - Heaviness / pressure in head and chest
 - Flushing
 - Dizziness/vertigo
 - Sedation
 - Sinus cavity/jaw discomfort

Sumatriptan (Sumavel DosePro) Zogenix, Inc.

- Drug interactions:
 - MAOIs doubles plasma levels of sumatriptan
 - Ergot alkaloids
 - Other triptans
 - SSRI/SNRI due to risk for serotonin syndrome

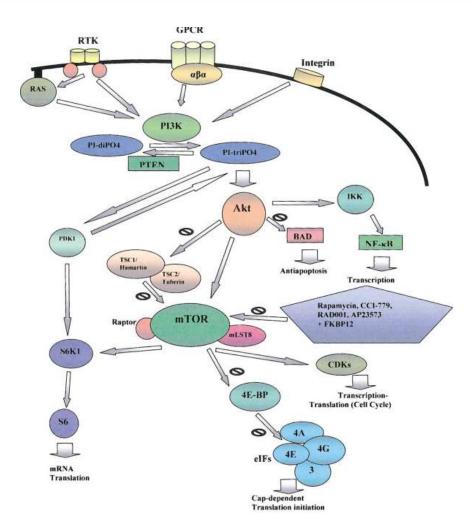
- New antiarrhythmic drug indicated to reduce the risk of cardiovascular hospitalization in patients with paroxysmal or persistent a fib/flutter
 - ATHENA trial showed 24% decrease in CV —related hospitalizations and death over 2 years
- Use in patients with a recent episode of a fib/flutter and associated risk factors and who are in sinus rhythm or who will be cardioverted
 - Age > 70; HTN
 - DM
 - Prior CVA
 - LVEF < 40%

- Similar in structure to amiodarone (Cordarone) but thought to be safer alternative?
 - Heart failure exacerbation
 - Bradycardia
 - QT prolongation
 - N/V/D
 - Rash
 - Increased serum creatinine
 - NO significant pulmonary adverse events or thyroid adverse events were reported

- Contraindications and Warnings:
 - NYHA Class IV heart failure
 - NYHA Class II III heart failure with a recent decompensation requiring hospitalization or referral to heart failure clinic
 - ANDROMEDA study showed 2 fold in increase in mortality in these groups
 - QT interval >500 ms
 - HR <50 BPM
 - Severe hepatic impairment
 - Pregnancy
 - hypokalemia/ hypomagnesmia

- Recommended dose:
 - 400mg BID with meals
- Drug Interactions
 - QT prolonging drugs
 - Strong CYP3A inhibitors
 - CYP3A substrates
 - CYP2D6 substrates
 - Other antiarrhythmics
 - CCBs
 - Digoxin
 - Beta Blockers
 - Statins

- Everolimus is an immunosuppressant analog of sirolimus
- FDA approved to for rejection prophylaxis of renal transplants
- Everolimus is a m-TOR inhibitor by binding to FK binding protein-12 (FKBP-12) inactivating any serine-theronine kinase activity.



- Drug Interactions
 - CYP3A4 substrate
- Recommended Dose
 - 0.75 mg PO twice daily and adjusted in 4 5 day intervals based on serum concentrations, tolerability, and response.

May be taken with or without food; requires consistency

- Adverse effects
 - Increased risk of renal and venous thrombosis;
 Immunosuppressant activity results in increase risk of infections; development of malignancy
 - Hypercholesteremia, hyperglycemia, electrolyte abnormalities, N/V/D, cough, dyspnea

Morphine sulfate/naltrexone (Embeda) King Pharmaceuticals

- Combination opioid agonist/antagonist for indicated for management of moderate to severe pain
 - For use when a continuous opioid analgesic is needed for an extended period of time
 - NOT indicated for PRN use
- Unique, abuse-resistant design
 - The opioid antagonist (naltrexone) embedded in the pellet core
 - When taken as directed, no naltrexone released, when crushed, chewed, or dissolved, naltrexone is released and euphoria is significantly reduced

Morphine sulfate/naltrexone (Embeda) King Pharmaceuticals

- Recommended dose:
 - Varies based on severity of pain and degree of opioid tolerance
 - Available in 20, 30, 50, 60, 80 and 100 mg capsules
 - May be administered once or twice daily
 - Capsule may be opened and sprinkled on apple sauce
- Adverse Effects:
 - Similar to other opioid analgesics
- Drug Interactions:
 - Similar to other opioid analgesics

Morphine sulfate/naltrexone (Embeda) King Pharmaceuticals

Warnings

- Misuse or abuse by tampering with the capsule can cause rapid release and absorption of both morphine and naltrexone
 - Morphine dose might be fatal, particularly if person is opioid-naïve
 - In opioid-tolerant persons, the absorption of naltrexone might increase risk of precipitating withdrawal
- Indicated for use in opioid-tolerant individuals only
- Patients should not consume alcoholic beverages or use Rx or OTC medications containing alcohol

Fentanyl buccal soluble film (Onsolis) Meda Pharmaceuticals

- New dosage form of fentanyl
- Indicated for management of breakthrough pain in patients with cancer, 18 years of age and older who are already receiving and are tolerant to opioid therapy for their underlying persistent cancer pain
 - Not indicated in opioid-intolerant patients
- Recommended dose:
 - 200 mcg initially up to a maximum of 4 x 200 mcg films or a single 1200 mcg film, to achieve adequate analgesia without undue adverse effects
 - Maximum of one dose per episode and no more than 4 doses in 24 hours
 - Doses must be separated by at least 2 hours
- Available as a buccal film in 200, 400, 600, 800 and 1200 mcg strengths

Fentanyl buccal soluble film (Onsolis) Meda Pharmaceuticals

- Due to abuse potential will be available through a restricted distribution program
- FOCUS
 - Prescribers and pharmacies must enroll
 - Requirement of FDAs REMS program
 - Strict education needed as dose can be fatal to children and non-opioid tolerant adults

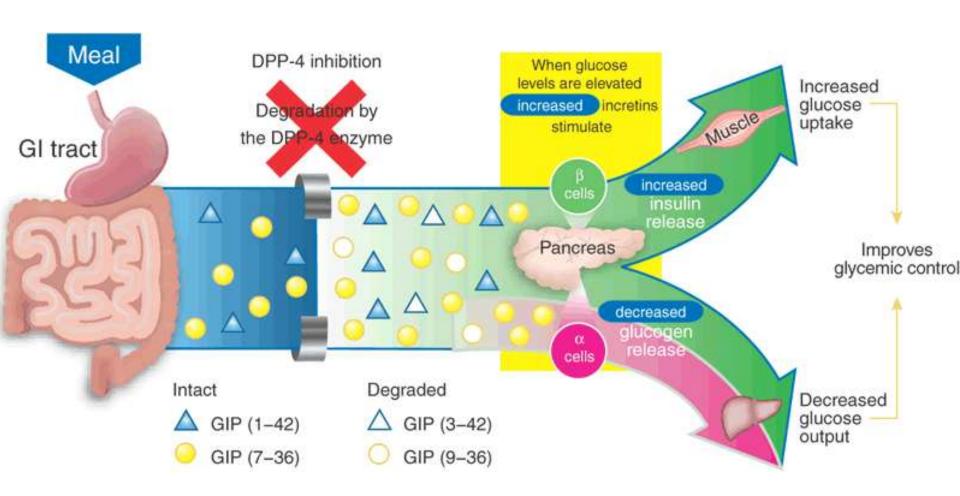
- •Use tongue to wet the inside of cheek or rinse mouth with water to wet the area
- Hold the film in place on a clean, dry finger with the pink side facing up
- Place the film inside mouth with the pink side against the inside of moistened cheek and press and hold film against cheek for 5 seconds
- Leave the film in place until dissolves usually within 15 to 30 minutes
- Avoid touching or moving the film while it dissolves
- No food until after the film dissolves, but can drink after 5 minutes





Saxagliptin (Onglyza) AstraZenca

- DPP-4 inhibitor to improve glucose control in patients with type 2 diabetes
 - Used as adjunct to diet and exercise
 - Has not been studied in combination with insulin
- MOA:
 - DPP-4 inhibitors slow the inactivation of incretin hormones such as glucagon-like peptide 1 (GLP-1) which are released by the intestines during the day and work to regulate insulin secretion from the pancreas
 - GLP-1 is rapidly inactivated by the enzyme DPP-4
- Joins sitagliptin (Januvia)



Saxagliptin (Onglyza) AstraZenca

Recommended dose:

- 2.5 to 5 mg once daily taken without regards to meals
- Use lower dose in patients with renal insufficiency (CrCl <50 mL/min)
- Use lower dose in patients on strong CYP3A4/5 inhibitors

Adverse effects:

- Respiratory tract and urinary tract infections
- Headache
- Peripheral edema; esp. in combination with TZDs
- Hypoglycemia; esp. in combination with sulfonylureas
- Hypersensitivity reactions

Incretin-based Therapies

Incretin mimetics^{6,21-23}

Incretin enhancers 6.21,24

Route of Administration:

Injectable

Route of Administration:

Oral

- GLP-1 receptor agonist:
- Synthetic GLP-1 analogues that mimic some effects of incretin hormones
- Peptides

- DPP-4 inhibitors
- Increase circulating levels of endogenous intact GLP-1 and GIP
- Low molecular weight agents

- New human GLP-1 analogue that acts as a GLP-1 receptor agonist administered via subQ injection
 - 97% amino acid homology to native GLP-1
- Mechanism of Action:
 - increases intracellular cyclic AMP (cAMP) leading to insulin release in the presence of elevated glucose concentrations
 - decreases glucagon secretion in a glucose-dependent manner and delays gastric emptying.
- Indication:
 - as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus.

Recommended dose:

- o.6 mg per day for one week administered once daily at any time of day, independently of meals
- Increase to 1.2 mg daily after 1 week, if acceptable glycemic control is not reached, may increase to max dose of 1.8 mg
- Inject subcutaneously in the abdomen, thigh or upper arm
- Follow dose-titration to avoid GI adverse effects

How Supplied:

- Solution for subcutaneous injection, pre-filled, multi-dose pen that delivers doses of o.6 mg, 1.2 mg, or 1.8 mg (6 mg/mL, 3 mL)
- Refrigerate until first use, room temp storage acceptable after first use for 30 days

- The FDA approval of Victoza was based on five double-blind, randomized, controlled clinical trials, one of 52 weeks duration and four of 26 weeks duration, in 3,978 subjects
- As monotherapy, significantly reduced A1c greater than 8 mg daily glimepiride
- Also showed significantly reduced A1c as add-on therapy to glimepiride, metformin and thiazolidinediones
- May need to lower doses of sulfonylureas when initiate add-on therapy with liraglutide
- Has not been studied in combination with insulin, or in patients with type I diabetes

Warnings/Precautions:

- Thyroid C-cell tumors at clinically relevant exposures in rodents
- Not known whether Victoza causes thyroid Ccell tumors, including medullary thyroid carcinoma (MTC) in humans
- Pancreatitis
- Severe hypolglycemia when used in combination with sulfonylurea

Contraindications:

 personal or family history of MTC or in patients with Multiple Endocrine Neoplasia Syndrome type 2 (Men2)

- Adverse Effects:
 - Nausea
 - Vomiting
 - Diarrhea
 - Constipation
 - Headache
 - Anti-liraglutide antibody formation

Ulipristal (Ella) Watson

- MOA: Selective progesterone receptor modulator with progesterone agonist/antagonist activity
- Dose: 30 mg up to 120 hours (5 days) after intercourse).
- Adverse events: HA, Abdominal Pain, N/V. If a patient throws up within the first 3 hours of dose, the patient should receive another dose.
- Available by prescription only.

- New HMG-CoA reductase inhibitor
- Indications:
 - Primary hyperlipidemia and mixed dyslipidemia as adjunct to diet to reduce
 - TC
 - LDL-C
 - Apo B
 - TG

and to increase HDL

Warnings:

- Myopathy and rhabdomyolysis
 - Dose –dependent
 - doses > 4mg daily associated with severe myopathy in premarketing studies
 - Additional risk factors include age >65, renal impairment, hypothyroidism and concurrent fibrate use
- Renal insufficiency
 - Not studied in patients with CLcr <30 mL/min
- Liver dysfunction
 - Persistent elevations can occur monitor

Usual dose:

- 4 mg daily with or without food at any time of the day
- Initial dose 2mg for patients with normal renal function
- Initial dose 1 mg in patients with CrCl <60 mL/min</p>
- Contraindications:
 - Cyclosporine
 - Pregnancy (Category X)

ADVERSE EFFECTS:

- Myalgia
- Back pain
- Diarrhea
- Constipation

DRUG INTERACTIONS:

- Lopinavir/ritonavir avoid use
- Erythromycin max dose 1 mg daily
- Rifampin max dose 2 mg daily
- Fibrates

Asenapine (Saphris) Schering-Plough

- New atypical antipsychotic for sublingual administration
- Indications:
 - Acute treatment of schizophrenia in adults
 - Acute treatment of manic or mixed episodes associated with bipolar 1 disorder in adults

Asenapine (Saphris) Schering-Plough

- Usual Dose:
 - 5 mg sublingually BID for schizophrenia
 - 10 mg sublingually BID for bipolar disorder
 - Decrease to 5 mg BID if AEs occur
- Patient instructions:
 - place tablet under tongue, will dissolve in seconds
 - Refrain from eating or drinking for 10 min

- Potassium channel blocker that enhances conduction in damaged nerves
 - Exact mechanism has not been fully elucidated
- Specifically indicated as a treatment to improve walking in patients with multiple sclerosis

- Recommended dose:
 - 10 mg twice daily, taken with or without food
 - This is the maximum dose and should not be exceeded
 - doses should be taken approximately 12 hours apart
 - Patients should not take double or extra doses if a dose is missed
 - Do not chew, crush, divide or dissolve tablets

- Contraindications:
 - History of seizures
 - Moderate to severe renal impairment (Clcr <50 mL/min
 - Stop therapy and do not resume if patient experiences a seizure while receiving Ampyra

- Warnings/Precautions:
 - Mild renal impairment (Crcl 51 – 80 mL/min)
 - Monitor baseline creatinine and estimate clearance prior to initiating therapy
 - Increased risk for UTIs

- Adverse effects:
 - Urinary tract infection
 - Insomnia
 - Dizziness
 - Headache
 - Nausea
 - Asthenia
 - Back pain
 - Balance disorder
 - Multiple sclerosis relapse
 - Paresthesia
 - Constipation
 - Dyspepsia
 - Seizures

Aztreonam (Cayston) Gilead

- New inhalation form of aztreonam indicated to improve respiratory symptoms in cystic fibrosis (CF) patients with *Pseudomonas* aeruginosa or in patients colonized with Burkholdereria cepacia
 - Both adults and children 7 years of age and older
- Available as single-use vial for reconstitution with a 1 mL ampule of sterile diluent
- Designed for administration via inhalation using an Altera Nebulizer System
 - Bronchodilator should be administered first

Aztreonam (Cayston) Gilead

- Adverse effects:
 - Cough
 - Nasal congestion
 - Wheezing
 - Pharyngolaryngeal pain
 - Chest discomfort
 - Pyrexia
 - Abdominal Pain
 - Vomiting

Recommended dose :

- one single-use vial (75 mg of aztreonam)
 administered 3 times a
 day for a 28-day course
 (followed by 28 days off
 Cayston therapy)
- dosage is not based on weight or adjusted for age
- doses should be administered at least 4 hours apart

Capsaicin (Qutenza) NeurogesX

- Transdermal patch containing 8% capsaicin in a localized dermal delivery system
 - Capsaicin is a synthetic equivalent of the naturally occurring compound found in chili peppers
- Mechanism of action:
 - Capsaicin is an agonist for the transient receptor potential vanilloid I receptor (TRPVI), an ion channel-receptor complex expressed on nociceptive nerve fibers in the skin
 - Topical administration of capsaicin causes an initial enhanced stimulation of the TRPVI nociceptors that may be associated with painful sensations
 - Pain relief thought to be mediated by a reduction in TRPV
 1 expressing nociceptive nerve endings

Capsaicin (Qutenza) NeurogesX

- Specifically indicated for the management of neuropathic pain associated with postherpetic neuralgia
- Recommended initial dose is a single, 6o-minute application of up to four patches
- Treatment may be repeated every three months or as warranted by the return of pain (not more frequently than every three months)
- Adverse effects:
 - Application site erythema
 - Application site pain
 - Application site pruritus
 - Application site papules

New Dosage Forms of Diclofenac

- Diclofenac potassium (Cambia) oral solution for acute treatment of migraine headaches; mix 50 mg packet in 30 – 60 ml water prior to administration
- Diclofenac potassium (Zipsor) liquid filled capsules for relief of mild to moderate pain; 25 mg QID
- Diclofenac sodium (Pennsaid) topical solution for osteoarthritis of the knee
 - recommended initial dose of the drug is 40 drops per knee, 4 times a day
 - spread evenly around front, back and sides of the knee, 10 drops at a time
 - repeat this procedure until 40 drops have been applied and the knee is completely covered with solution

- Exalgo (hydromorphone hydrochloride) extended release
 - Schedule II mu-opioid agonist
 - Utilizes the <u>OROS PUSH-PULL</u> osmotic delivery system to release hydromorphone at a controlled rate over an extended period
 - Specifically indicated for the management of moderate to severe pain in opioid tolerant patients requiring continuous, around-the-clock opioid analgesia for an extended period of time
 - 8mg to 64 mg daily; available in 8, 12 and 16 mg tablets
 - Tablets administered every 24 hours with or without food
 - discontinue all other extended-release opioids when initiating Exalgo therapy

- Doxepin (Silenor):
 - New formulation of doxepin for use in treatment of insomnia due to difficulties with sleep maintenance
 - originally approved in 1969 as the first tricyclic antidepressant
 - Doses of 25 150 mg used for these indications
 - Mechanism of action for sleep secondary to histamine type 1 receptor antagonism
 - 6 mg daily 30 min before bedtime; decrease to 3mg in elderly
 - Not to be taken within 3 hours of a meal

- <u>Ketorolac</u> tromethamine (Sprix):
 - intranasal dosage form of ketorolac for shortterm (up to 5 days) use for treatment of moderate to moderately-severe pain that requires opiate-level analgesia
 - 1 spray (15.75 mg) in each nostril every 6 8 hours, max dose is 126 mg in 24 hours (4 doses)
 - Patients 65 years or older, patients with renal insufficiency or patients weighing less than 50 kg should use one spray in ONE nostril every 6 – 8 hours for max of 63 mg in 24 hours

- Ondansetron (Zuplenz)
 - Oral Soluble Film
 - Approved for postoperative, highly and moderately emetogenic cancer chemotherapy-induced, and radiotherapy-induced nausea and vomiting
 - Dosing is consistent; Adults max 24 mg/day PO
 - Place film on tongue and it will dissolve in 4 to 20 seconds. Once dissolved, the patient may swallow with or without liquid.

New Ophthalmic Products

- Two new fluoroquinolones for treatment of bacterial conjunctivitis
 - Gatifloxacin (Zymaxid)
 - 1 drop every two hours in the affected eye(s) while awake, up to 8 times on Day 1
 - 1 drop two to four times daily in the affected eye(s) while awake on Days 2 through 7
 - Besifloxacin (Besivance)
 - 1 drop in affected eye(s) TID four to twelve hours apart x 7 days
- One new antihistamine product for itching associated with allergic conjunctivitis
 - Bepotastine (Bepreve)
 - 1 drop to eyes BID

New Vaccine Products

- Meningococcal Vaccine (Menveo)
 - A vaccine to prevent meningococcal disease caused by Neisseria meningitidis serogroups A,C,Y, and W-135 in person 11 to 55 years of age.
- Pneumococcal 13-valent conjugate vaccine (Prevnar 13)
 - A vaccine to prevent Streptococcus pneumoniαerelated infections in children 6 weeks through 5 years.

- Metoclopramide hydrochloride (Metozolv ODT)
 - Oral disintegrating form of metoclopramide for short-term treatment of GERD (4-12 weeks) in those who fail to respond to conventional therapy and diabetic gastroparesis
 - 10 15 mg ACHS
 - Take on empty stomach 30 min before eating
- Therapy should not exceed 12 weeks 2nd to risk of tardive dyskinesia

- Colchicine (Colcrys) for gout flares and familial Mediterranean fever
- Miconzaole (Oravig) 50 mg buccal tablet to be dissolved in upper gum region once daily x 14 days for oral pharyngeal candidiasis
- Rifaximin (Xifaxan 550) 550 mg BID to reduce risk of hepatic encephalopathy in patients with liver failure (alone or in combination with lactulose

- Pregabalin (Lyrica)
 - New oral solution formulation
- Pramipexole (Mirapex ER)
 - New extended-release formulation for Parkinson's Disease
- Memantine (Namenda XR)
 - New extended-release formulation for Alzheimer's Disease
- Trazodone (Oleptro)
 - New extended-release formulation for depression

New Combinations

- Vimovo = naproxen + esomeprazole
 - treatment of arthritis in patients at risk for NSAIDassociated ulcers
- Dutasteride/tamsulosin (Jalyn)
 - Combination of a 5-alpha reductase inhibitor and an alpha-1A blocker for the treatment of benign prostatic hyperplasia (BPH)
 - One capsule (o.5mg dutasteride/o.4mg tamsulosin)
 PO daily.
 - Should be taken 30 minutes after same meal each day.

REMS: Risk Evaluation and Mitigation Strategies

- REMS is a strategy by the FDA to manage a known or potential serious risk associated with a drug or biological product
- will be required for a given drug if FDA finds that a REMS is necessary to ensure that the benefits outweigh the risks of the product
- can include a Medication Guide, Patient Package Insert, a communication plan, elements to assure safe use, and an implementation system

REMS: Risk Evaluation and Mitigation Strategies

- List of approved REMS can be accessed at <u>http://www.fda.gov/Drugs/DrugSafety/Postmark</u> <u>etDrugSafetyInformationforPatientsandProvider</u> s/ucm111350.htm
- Many drugs require medication guides as part of REMS that should be provided to any patient prior to taking the medication
 - Current approved medication guides can be accessed at
 - http://www.fda.gov/Drugs/DrugSafety/ucmo85729.ht

Questions?