

Department of Pediatrics

CONTEMPORARY PEDIATRICS

Thursday, April 8 - Saturday, April 10, 2010

**Kentucky Horse Park • Lexington, Ky.
Marriott Griffin Gate • Lexington, Ky.**

J. Timothy Bricker, MD, MBA
Department Chair

Kimberly Northrip, MD
Planning Committee Chair



**Visit www.ccentral.com for course
information and registration.**

Contemporary Pediatrics

Conference description

Kentucky Children's Hospital Contemporary Pediatrics Conference is designed to provide current information on a variety of medical and surgical conditions affecting infants, children and adolescents. Outstanding faculty of the Kentucky Children's Hospital will offer presentations and concurrent sessions on a variety of topics.

Learning objectives

Upon conclusion of this conference, participants should be able to:

- Identify key consequences of pediatric obesity:
 1. Explain screening and management of some of those consequences, including hyperlipidemia and diabetes.
 2. Discuss strategies for preventing and managing pediatric overweight and obesity in primary care practice.
- Discuss diagnosis and treatment of straightforward mental health and functional disorders in the primary care office setting, including anxiety, depression, ADHD and functional gastrointestinal disorders.
- Review clinical presentation, pathophysiology, treatment and prevention of respiratory infectious diseases including pneumonia and influenza.
- Discuss diagnosis, prevention, and management of a variety of chronic medical conditions and special health care needs in children including prematurity, congenital heart defects, hearing loss, dental caries, skin conditions, asthma and orthopaedic problems.

Intended audience

The Kentucky Children's Hospital Contemporary Pediatrics Conference is designed for pediatricians, pediatric specialists, family medicine physicians, pediatric nurse practitioners, family medicine nurse practitioners, physicians in resident training, nurses and physician assistants.

Credit

Medicine

The University of Kentucky College of Medicine designates this educational activity for a maximum of 21.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Kentucky College of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

CME credit per day:

Thursday Preconference – 7.75 *AMA PRA Category 1 Credits™*

Thursday – 2.5 *AMA PRA Category 1 Credits™*

Friday – 7.25 *AMA PRA Category 1 Credits™*

Saturday – 4 *AMA PRA Category 1 Credits™*

Nursing

The University of Kentucky College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.

The Kentucky Board of Nursing (KBN) approves the University of Kentucky College of Nursing as a provider as well. ANCC and KBN approval of a continuing nursing education provider does not constitute endorsement of program content nor commercial sponsors. This activity is offered for a maximum of ANCC (60 minute) 12.25 and 14.5 KBN (50 minute) contact hours for nurses who attend all sessions (4/8/10 = 2.25 ANCC [2.7 KBN], 4/9/10 = 6.25 ANCC [7.3 KBN] 4/10/10 = 3.75 ANCC [4.5 KBN]) contact hours. Provider #: 3-0008-01-13-206-208. In order to receive credit, participants must attend the program and submit a credit application and evaluation form online. Certificates may be printed once the evaluation is completed.

The University of Kentucky is an equal opportunity university.

Date and location

The Kentucky Children's Hospital Contemporary Pediatrics Conference will be held Thursday, April 8 – Saturday, April 10, 2010. Thursday's activities will be held at the Kentucky Horse Park, site of the Alltech FEI 2010 World Equestrian Games in Lexington. Friday's and Saturday's activities will be held at the Marriott Griffin Gate in Lexington. The Marriott Griffin Gate is located just off Interstate 64/75 on Newtown Pike. Free access to the concierge lounge will be offered to overnight guests and their families.

The Kentucky Horse Park

Thursday, April 8, 2010

www.kyhorsepark.com

The Marriott Griffin Gate

Friday, April 9, and Saturday, April 10, 2010

www.marriott.com/hotels/travel/lexky-griffin-gate-marriott-resort-and-spa/

Lodging accommodations

Rooms with special rates have been reserved for attendees and their guests at the Marriott Griffin Gate in Lexington. In order to receive the special rate, reservations must be made before the room block is filled or by Thursday, March 25, 2010, whichever comes first. Reservations will be taken following this date based on space and rate availability.

Please identify yourself as a participant of the Contemporary Pediatrics Conference when making your reservation.

Reservations for the event can be made with Marriott Reservations: **1-800-228-9290**.

Guest rooms are available at the special rate of \$129 per night. Check in time is 3 p.m. Checkout time is noon.

Hotel room rates are subject to applicable state and local taxes in effect at the time of check in. Lodging arrangements are the sole responsibility of the individual registrant.

Other events

Thursday Preconference

Advanced Pediatric Life Support will be offered for an additional charge on Thursday, April 8 at the Marriott Griffin Gate.

Advanced Pediatric Life Support (APLS): \$125

Presented by:

Philip Bernard, MD

Assistant Professor of Pediatrics
Medical Director,

Pediatric Transport and Outreach
Division of Critical Care

M. Dawn Turner, MD

Assistant Professor of Pediatrics
Division of Critical Care

Although this conference is designed for physicians, other disciplines are encouraged to attend. The APLS course focuses on the evaluation, diagnosis and initiation of treatment of many pediatric medical and surgical emergencies during the time the

(Other events continued)

patient's condition is being stabilized in the clinic or emergency department. Major topics to be addressed include pediatric assessment, pediatric airway, central nervous system, medical emergencies, the cardiovascular system and trauma. Advanced airway and advanced trauma procedures skill stations will be included. Limited to 25 registrants. Please register as early as possible in order to receive materials by mail prior to the course.

Registration: 7:30 a.m.

Conference: 8 a.m. – 4:30 p.m.

Thursday at the Kentucky Horse Park

The Kentucky Horse Park has offered discounted full day tickets to conference attendees for Thursday, April 8. Tickets are not necessary 5:30 – 9 p.m. for the conference. Call the Kentucky Horse Park to order tickets, **859-259-4257**.

Registration

To register online, visit www.cecentral.com or complete the attached registration form and return by mail or fax. The registration fee includes tuition, electronic version of the course syllabus, continental breakfasts and refreshment breaks. A printed version of the course syllabus will be available for an additional cost. Please see the registration form.

Disclosure statement

Faculty presenters of continuing education activities sponsored by the UK Colleges of Medicine and Nursing are expected to disclose any real or perceived conflict of interest. Copies of faculty disclosures will be included in the participant program materials or given prior to the lecture.

Cancellation policy

If you cancel your participation in this conference, your registration fee, less a \$25 administrative fee, will be refunded when written notification is received by Contemporary Pediatrics before March 8, 2010. No refunds will be made after March 8, 2010; however, registration may be transferred to another participant. If an additional event is not available, the amount of the event for which you registered will be refunded. Many events have limited availability, so early registration is recommended.

Contemporary Pediatrics reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Contemporary Pediatrics must cancel or postpone this course, Contemporary Pediatrics will refund the registration fee but is not responsible for any related cost, charges or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Conference Agenda

Thursday, April 8, 2010

Preconference

Marriott Griffin Gate

- 7 a.m. Preconference registration
- 7:30 a.m. Advanced Pediatric Life Support
Philip Bernard, MD
M. Dawn Turner, MD
- Noon Lunch
- 1 p.m. Resume Advanced Pediatric Life Support
- 4:45 p.m. Adjournment

Contemporary Pediatrics Conference

Kentucky Horse Park

- 5:30 p.m. Patio reception at the Kentucky Horse Park
- 6 p.m. Dinner
- 6:45 p.m. Community Acquired Pneumonia, Fact and Fiction
Erich Maul, MD
- 7:30 p.m. Primary Care Follow-up of the Extremely Preterm Infant
Hubert Ballard, MD
- 8:15 p.m. Hyperlipidemia in Kids: To Treat or Not to Treat
Chris Feddock, MD
- 9 p.m. Evaluation
- 9:15 p.m. Adjournment

Friday, April 9, 2010

Marriott Griffin Gate

- 7:30 a.m. Registration & buffet breakfast
- 7:50 a.m. Welcome and announcements
- 8 a.m. Opening address
Michael Karpf, MD
Craig Carter, DO
- 8:45 a.m. How to Make Rash Decisions in Your Life
Stuart Tobin, MD
- 9:30 a.m. Fast and Effective Treatment of Anxiety and Depression
in the Primary Care Office
Paul Glaser, MD

(Agenda for Friday continued)

10:15 a.m. Morning break

10:30 a.m. The Joys of Pediatric Skin
Claire Sanger, DO

11:15 a.m. Keynote address: Understanding Mortality From Pandemic
and Seasonal Influenza
Jonathan A. McCullers, MD

12:15 p.m. Kentucky Pediatric Society luncheon and meeting
Lunch on your own for non-KPS members

1:30 p.m. Concurrent workshops – Session I

A. Clinical Lessons Learned During the H1N1 Influenza Pandemic
Jonathan A. McCullers, MD

B. Practical Strategies in the Prevention and Treatment
of Pediatric Obesity
Becky Heinrichs RN, MSN, MS Ed
Anita Courtney

C. Primary Care for the Special Needs Child
Grace Maguire, MD

D. Dental Screenings & Fluoride Varnish Application
for Pediatricians
Kavita R. Mathu-Muju, DMD, MPH
Monica Bingham, DMD, MS
Laurie Tedder, DMD
Chandana Jain, DMD
James Hicks, DMD

3 p.m. Afternoon break

3:30 p.m. Concurrent workshops – Session II

A. Spirometry – A Physician's Tool to Improving Patient Care
Don Hayes, MD
Denesa Tuney, RT, CRT, AE

B. Evaluation and Treatment of ADHD in the Primary Care Setting
Carolyn Lentzsch-Parcells, MD

C. Gut, Groans and Moans: Is There a Magic Approach to Functional
GI Disorders?
Harohalli Shashidhar, MD
Marlene Huff, PhD

Karen Lommel, MD
Deborah Whitehurst, ARNP

D. Diabetes
Leslie Scott, PhD, ARNP, CDE

E. Tuberous Sclerosis
To be announced

5 p.m. Evaluation

5:15 p.m. Adjournment

Saturday, April 10, 2010

Griffin Gate Marriott

7 a.m. Registration & breakfast bar

7:45 a.m. Welcome and announcements

8 a.m. Morning Report: Interactive Case Presentation
Lindsay Burns, MD

8:45 a.m. Common Pediatric Sports Medicine Problems:
A Case-Based Approach
Robert Hosey, MD

9:30 a.m. Morning break

10 a.m. Advancements in the Surgical Treatment
of Congenital Heart Defects
Mark Plunkett, MD

10:45 a.m. Impaired Glucose Tolerance in the Primary Pediatric Office
Irene Hong-McAtee, MD

11:30 a.m. Learning About Childhood Hearing Loss
Kari Mobley, AuD

12:15 p.m. Evaluation

12:30 p.m. Adjournment

Faculty presenters

Philip A. Bernard, MD

Assistant Professor of Pediatrics
Medical Director, Transport and Outreach
Division of Critical Care

M. Dawn Turner, MD

Assistant Professor of Pediatrics
Division of Critical Care

(Faculty Presenters continued)

Hubert O. Ballard, MD

Assistant Professor of Pediatrics

Division of Neonatology

Monica Bingham, DMD, MS

Pediatric Dental Resident

Lindsay Burns, MD

Chief Resident

Department of Pediatrics

Craig T. Carter, DO

Assistant Professor of Emergency Medicine
and Pediatrics

Medical Director, Pediatric Emergency
Medicine

Medical Director, UK/PHI
Aeromedical Services

Anita Courtney, RD, MS

Chair, Tweens Nutrition and Fitness Coalition
Partnership for a Fit Kentucky
Lexington, Ky.

Christopher A. Feddock, MD, FAAP

Assistant Professor of Medicine and
Pediatrics

Division of General Internal Medicine

Paul Glaser, MD, PhD

Assistant Professor of Psychiatry
Department of Psychiatry

Don Hayes Jr., MD

Assistant Professor of Pediatrics and
Internal Medicine

Division of Pulmonology

Becky Heinrichs, RN, MSN, MSEd

Nurse Coordinator

Pediatric High BMI Diagnostic Clinic

Department of Pediatrics

Irene Hong-McAtee, MD, MCR

Assistant Professor of Pediatrics
Division of Endocrinology

James Hicks, DMD

Pediatric Dental Resident

Robert G. Hosey, MD

Associate Professor of Family &
Community Medicine

Department of Orthopedic Surgery &
Sports Medicine

Marlene B. Huff, PhD, LCSW

Associate Professor of Pediatrics
Division of Adolescent Medicine

Chandana Jain, DMD

Pediatric Dental Resident

Michael Karpf, MD

Executive Vice President for
Health Affairs

Carolyn M. Lentzsch-Parcells, MD

Assistant Professor of Pediatrics
Division of Adolescent Medicine

Karen Lommel, MD

Departments of Psychiatry and Pediatrics

Grace F. Maguire, MD

Professor of Pediatrics

Medical Director, Medical Home Clinic

Division of General Academic Pediatrics

Erich C. Maul, DO

Assistant Professor of Pediatrics

Associate Residency Director

Division of General Academic Pediatrics

Section of Inpatient Medicine

Kavita R. Mathu-Muju, DMD, MPH

Assistant Professor of Pediatric Dentistry
Division of Dental Public Health

Jonathan A. McCullers, MD

Associate Member

Department of Infectious Diseases

St. Jude Children's Research Hospital,
Memphis

Kari Mobley, AuD

Cochlear Implant Coordinator
Department of Communication Disorders

Mark Plunkett, MD

Associate Professor of Surgery
Chief, Division of Cardiothoracic Surgery
Director, Pediatric Cardiac Program
Co-director, UK Gill Heart Institute

Claire Sanger, DO

Assistant Professor of Surgery
Division of Plastic Surgery

Leslie K. Scott, PhD, BC-PNP, CDE

Assistant Professor
UK College of Nursing

Harohalli R. Shashidhar, MD

Associate Professor of Pediatrics
Chief, Division of Gastroenterology and
Nutrition

Laurie Tedder, DMD

Pediatric Dental Resident

Denesa Tuney, RT, CRT, AE

Department of Pediatrics
Division of Pulmonology

Deborah Whitehurst

Department of Pediatrics
Division of Gastroenterology

Planning Committee

Kimberly Northrip, MD

Assistant Professor of Pediatrics
Division of General Academic Pediatrics
Chair, Planning Committee

Cheri Buchignani

Executive Assistant to the Chairman
Department of Pediatrics

Hazel W. Chappell, RN, MSN

Assistant Director of Nursing
Continuing Education
UK College of Nursing Continuing
Education

Tarra Crane

Physician Liaison
UK HealthCare Marketing

Cynde Estep

Senior Service Line Manager
UK HealthCare Marketing

Grace Florence, RN, ARNP

Coordinator for Pediatric Diagnostic
Clinic and International Adoption
Clinic
Division of General Academic
Pediatrics
Department of Pediatrics

Jenell Johnson

Business Manager of Finance
Department of Pediatrics

Kim Page

Senior Conference Coordinator
UK HealthCare CECentral

Keri Purcell, RN, MSN

Staff Development Specialist

Mimi Roser

Department of Pediatrics

Sean Skinner, MD

Assistant Professor of Surgery and
Pediatrics
Division of Pediatric Surgery

Carmel Wallace, MD

Associate Professor of Pediatrics
Medical Director, Outpatient Clinics
Chief, Division of General Academic
Pediatrics

Contemporary Pediatrics

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Registration Methods:

Online: www.ccentral.com
(credit card payment only)

Fax: [859-323-2920](tel:859-323-2920)

Mail: [UK HealthCare CECentral](#)
138 Leader Ave., Ste. 9
Lexington KY 40506-9983

Phone: [859-257-5320](tel:859-257-5320)

The presentations will be posted online at www.ccentral.com at no cost as they become available. Hard copies may be purchased for \$20.

Registration form (please print clearly)

First Name	MI	Last Name	Degree-select all that apply <input type="checkbox"/> MD <input type="checkbox"/> PhD <input type="checkbox"/> DO <input type="checkbox"/> NP <input type="checkbox"/> RN <input type="checkbox"/> Other _____	
E-mail address				
Address				
City		State	Zip code	
Fax		Daytime phone number		
Business/Practice affiliation			Specialty:	
Special accommodations you will need to attend this conference:				

Concurrent sessions

Please select one topic from each session in which you will participate.
Space is limited, so please indicate your first and second choices for the times listed below.
Your schedule will be included in your confirmation.

Concurrent session I	Concurrent session II
<div><input type="checkbox"/> Clinical Lessons Learned During the H1N1 Influenza Pandemic</div> <div><input type="checkbox"/> Practical Strategies in the Prevention and Treatment of Pediatric Obesity</div> <div><input type="checkbox"/> Primary Care for the Special Needs Child</div> <div><input type="checkbox"/> Dental Screenings & Fluoride Varnish Application for Pediatricians</div>	<div><input type="checkbox"/> Spirometry – A Physician’s Tool to Improving Patient Care (limit 25 attendees)</div> <div><input type="checkbox"/> Evaluation and Treatment of ADHD in the Primary Care Setting</div> <div><input type="checkbox"/> Gut, Groans and Moans: Is There a Magic Approach to Functional GI Disorders?</div> <div><input type="checkbox"/> Diabetes</div> <div><input type="checkbox"/> Tuberous Sclerosis</div>

Registration fees

Full Conference			Friday-only rates	
<input type="checkbox"/>	UK physicians	\$150	<input type="checkbox"/>	UK physicians \$100
<input type="checkbox"/>	Non-UK physicians	\$299	<input type="checkbox"/>	Non-UK physicians \$199
<input type="checkbox"/>	KPS Members	\$199	<input type="checkbox"/>	KPS members \$110
<input type="checkbox"/>	UK Residents	\$100	<input type="checkbox"/>	UK Residents \$65
<input type="checkbox"/>	UK RNs and PAs	\$115	<input type="checkbox"/>	UK RNs and PAs \$75
<input type="checkbox"/>	Non-UK RNs and PAs	\$150	<input type="checkbox"/>	Non-UK RNs and PAs \$100
<input type="checkbox"/>	Conference Materials	\$20		

Advanced Pediatric Life Support				
<input type="checkbox"/>	APLS (In addition to conference fee)	\$125	<input type="checkbox"/>	APLS only \$140
Please register as early as possible for APLS Preconference in order to receive the course book prior to the session.				

Payment method

<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Check made payable to the University of Kentucky	
Name on card:	Account #:
Expiration date:	Signature:



UK HealthCare
University of Kentucky
2333 Alumni Park Plaza, Suite 130
Lexington KY 40517

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